

# Lancaster Royal Grammar School

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## Medical Protocols-Provision for ill boarders

### The Medical Centre

The Medical Centre consists of Sister's Office, waiting area and treatment room.

Upstairs on the main floor of Storey House, there is an in-patient facility of two twin rooms and a bathroom/washroom.

Boarders have access to Medical Centre Staff (School Nursing Sister, RGN) between hours of 8 am until 2:30 pm daily, Mon-Fri. House Matrons in Storey House provide the out of hours medical cover and continuation of care from 2:30pm.

All boarders must report to the Medical Centre if they are feeling unwell or have sustained an injury. They may be referred by boarding house staff, other staff within the school, by themselves or by parents without prior appointment. For non urgent treatment advice the boys are encouraged to attend before the school day starts or during breaks and lunch time where possible.

There is an informal caring atmosphere and boys are introduced to the School Nursing Sister as part of their initial medical assessment.

### When a boarder is ill

Sister will make suitable provision on an individual basis for any pupil who is unwell or in need of further treatment. This may include quiet time and short period of assessment, non-prescription (homely remedies), being kept from school and periods of observation or a doctor's appointment. If boarders are to be kept from school due to illness, they will usually stay and be cared for in the Medical Centre. If the Medical Centre is full or, for reasons of privacy for older pupils, Sister will make arrangements for pupils to stay in their own house or dorm. If this happens the House Matron will always be informed and some suitable supervision be arranged.

Sister/ Medical centre staff will inform parents if their son is off school due to illness or injury. She will also liaise with parents on any treatments prescribed and discuss suitable arrangements for their future care (hospital /GP appointments/going home etc).

### School Medical Officer -GP

It is normal practise for boarders to be registered with the School Medical Officer; GP- Dr Fairhurst of the Dalton Square Practice, Lancaster. Sister will make this arrangement as soon as your son starts boarding. This will mean that in the holidays boys would consult their home GP in if needed as a 'temporary resident'. This will be easier for access to primary health care services for your son and better continuity of care during his school years.

Dr Fairhurst conducts a twice weekly one hour surgery at the Medical centre.

Mondays & Thursdays 8:30 am – 9:30am. Boarders can book an appointment or have the choice to 'drop in' on each of these days. More mature students may book their own appointments directly with the surgery. Sister or Medical centre staff will organise GP provision usually outside of Dr's usual visit days when necessary.

Baycall Service is used when GP surgeries are closed. (0845 0524999), patient will be given an appointment at a named surgery. Matron or boarding staff will escort or arrange escort to appointment.

### **School Nursing Sister**

The School Nursing Sister will;

Provide first aid, advice and /or treatment of minor illnesses and injuries.

Support boarder's access to GP and other healthcare agencies, working closely and collaboratively with the School Medical Officer.

Provide help and support to promote good emotional health and well being.

Be discreet and respect confidentiality.\*

Offer healthy lifestyle advice, including issues surrounding smoking, alcohol, sexual health and healthy eating.

Work with house staff to promote a happy and healthy boarding environment.

Provide individual health care plans for pupils with known health care needs to staff involved in the welfare of boarders.

Oversee the safe administration of medicines and adherence to the School Medicines Policy.

### **Confidentiality**

In accordance with the school doctor's and nurse's professional obligations, medical information about pupils, regardless of their age, will remain confidential. However, in providing medical care for a pupil, it is recognised that on occasions the doctor or nurse may liaise with parents or guardians, the head teacher or other academic staff and house staff, and that information, ideally with the pupil's prior consent, will be passed on as appropriate.

With all medical matters, the doctor and nurse will respect a pupil's confidence except on the very rare occasion when, having failed to persuade a pupil or his authorised representative to give consent to divulgence, the doctor or nurse consider it in the pupil's better interests, or necessary for the protection of the wider school community, to breach confidence and pass on information to a relevant person or body.

### **Useful Contacts:**

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