

Fullback

- Key attacking player from set and broken play and should be confident and adventurous.
- Use panoramic vision of game, especially from phase ball.
- Anticipate – Scan - Communicate.
- Accurate and continual positive talk and option calling skills especially off phase ball.
- Quality high ball receipt skills vital.
- Positional awareness, good understanding from ALL field positions.
- Work in tandem with wings on attack and defence.
- Timing into backline with power and speed and have ability to step off either foot at pace.
- Run into backline with timing and good lines to create space for wings and others.
- Understand and execute continually, the requirements of counter attack.
- MUST be strong tackler off either shoulder, all types of tackle, ability to shadow and manipulate ball carrier.
- Good decision maker.
- Must organize the defence and understand that he can be the last line of defence.
- Must kick off EITHER foot with accuracy and length, both as an attacking option and to relieve pressure.
- Goal kicking and restarts is a plus.
- Must be mentally tough/hard.

SPECIALIST SKILLS

- DIRECT LINE OF ENTRY OFF PHASE BALL
- PUNT OFF EITHER FOOT ACCURATELY
- DIRECT AND INITIATE COUNTER ATTACK and DEFENSE

MENTAL SKILLS

- TOUGH HARD LAST LINE OF DEFENCE
- ABILITY TO SEE WIDER PICTURE, QUICKLY
- ADVENTUROUS

