

Friday 14th February 2020

Dear Parents,

I hope that this has been a busy and productive first half of term for your son or daughter. Year 11 now need to be into full revision mode – Mocks are the final springboard to GCSEs, which will arrive very soon!

Best wishes to staff and 54 pupils on the **ski trip** in Les Deux Alpes, and to 15 pupils plus staff and parents on our **cricket tour** to the UAE. Congratulations to **Frazer Pollock** (L6) who has been selected to represent the GB under-18 Handball team in Portugal.

Well done to Sixth Formers who led an outstanding **Parallel Histories** conference this week; and to Upper Sixth **Theatre Studies** students for excellent performances yesterday evening.



Nobel Laureate – The Life Scientific

Sir Peter Ratcliffe was featured on “The Life Scientific” on Radio 4 last week. His fascinating interview includes one or two snippets about his time at LRGS and can be heard [at this link](#). Discussing the influence he hopes to have as Nobel Laureate, he highlights the value of schools and education: *“Education is undervalued by society, and if there were a single message I would like to put across, it is the importance of teaching and teachers.”*

Do they know how to revise?

“Two of the least effective ways of studying are reading over stuff and highlighting it,” writes Dr Carl Hendrick, *“which are also two of the most common things students do when revising.”*

His article on effective revision strategies is well worth reading. They include **retrieval practice** (remembering and testing) and **spaced repetition** (which is the opposite of last-minute cramming!).

Please read his advice here: chronotopeblog.com/2018/05/05/how-should-students-revise-a-brief-guide/



Spring Festival – Saturday 14th March

The Friends’ Spring Festival will take place in the Grab and Go from midday on Saturday 14th March. This coincides with Boarders’ Parents morning, so that boarding families can also drop in for refreshments, food or entertainment! All proceeds go to the Friends of LRGS to benefit our pupils. They would love more volunteers as follows:

- **Cooking an international dish** – please get in touch with Radmila: balastikova.r@seznam.cz
- **Baking for the café** – please get in touch with Joanne: jdgiles36@gmail.com
- **Donating chocolate** for the tombola – please drop off at Lee House or City View. **Thank you!**

Required attendance – Saturdays for the diary

This is a reminder that there are two compulsory Saturdays in the summer term. Full attendance is expected as below, and we will not normally authorise absences on these dates:

Saturday 20th June

Open Day

All pupils except Year 11 and Upper Sixth

Saturday 4th July

Founders’ Day

Year 7 pupils

With all best wishes to the whole LRGS community over half term ~ Dr C.J. Pyle

@LRGSLancaster



LRGS Music – Manchester



King Henry VIII Relays



Boat house – Storm Ciara