

Lancaster Royal Grammar School

East Road Lancaster LA1 3EF

Switchboard 01524 580600

Email @lrgs.org.uk

www.lrgs.org.uk



L Wareing, Careers Coordinator

May 2026

Dear Year 10 pupils and parents,

Workplace visits

In the final half term of this academic year, all Year 10 pupils will be offered the opportunity to attend a morning or all day workplace visit as a school group. We have 9 local businesses / organisations who have kindly offered to host a group of our pupils. The aim is to give pupils the chance to see a workplace for themselves and to hear from professionals within a given sector about their specific career/s. Pupils will do preparatory work in their Values lesson before their visit as well as reflective work on what they learned from the visit upon their return. They should also make use of the Unifrog platform to record a summary of their experience.

Participation in one of these visits can provide pupils with many valuable benefits: they gain exposure to a real work environment; they begin to clarify their interests, strengths and preferences in terms of future career paths; and they can start to make informed decisions about their future education and career goals. The visits also enhance the opportunities provided in school through assemblies, curriculum and Values lessons and Careers Insight talks over the course of the year.

The range of visits is outlined in the table below. Please look at the options and discuss them at home. Pupils will need to complete this Microsoft questionnaire which they have been sent a link to:

https://forms.cloud.microsoft/Pages/DesignPageV2.aspx?prevorigin=shell&origin=NeoPortalPage&subpage=design&id=yailXm pUak-kTNUsl0VxvG-Aq6hK_4IKrAR37JUT9RUNVo5U0Q3WUVJRVVWVzZGTEM2RVM4MkhJMy4u&analysis=false&tab=0

by 5pm on Thursday (21/5) to rank their choices in order of preference, and each pupil will then be assigned one of the visits. We will do our best to assign pupils to one of their top 4 choices. Any pupil who does not return the form in time will be assigned a visit based on remaining availability. Most of the workplaces can accept a class-sized visit. For the RLI we need to cap the numbers at a maximum of 20 and for Northstone there is a maximum of 15. If demand is greater than places available, it may be necessary to select pupils based on previous interest shown in careers activities in school or to select names at random.

There is no cost involved in the visits. School is subsidising the cost of transport.

Business / organisation	Date	AM / PM	Transport	Description of visit
University of Cumbria Sports/Teaching/ Health	Monday 29/6/26	AM+PM	Walking	Hear from a range of staff across various professional and academic services at the University, including teaching, sports science and health.
Northstone (Homebuilder, Scotforth Road) Construction/Design	Tuesday 30/6/26	AM	Walking	Meet in the sales office for an introduction to the company. Meet the contract or site manager and learn about routes into the construction industry. There will be a site tour to see houses at different stages of development. You'll look at building plans and find out about foundations and piling, skills needed, and how contractors work together.
Lancaster City Council, Morecambe Town Hall Planning/Environment/ Human Resources/ Local politics/ Regeneration/ Housing/Waste management	Wednesday 1/7/26	AM	School minibuses	Pupils will meet representatives from a wide range of local government teams, including Information Governance, Legal, Planning and Climate Change, Environmental Enforcement, Elections, Regeneration, Economic Development, Housing, Animal Licensing, Human Resources and Executive Support and Wellbeing. The meetings will be interactive, and pupils will move around different departments within the town hall. Pupils also take part in a

				Pupil Parliament budgeting activity for the City Council.
OSG Law, Lancaster Legal services	Thursday 2/7/26	AM	Walk	Oglethorpe, Sturton and Gillibrand Solicitors are a traditional law firm based in offices at Castle Hill. Students will have a tour of their offices and hear from different departments such as Family Law, Wills, Commercial Property and Agricultural Land and Estates.
Royal Lancaster Infirmary NHS Careers	Friday 3/7/26	AM	Walking	General introduction to careers in the NHS and background about UHMBT; to cover clinical and non-clinical careers; talk from two departments such as pharmacy and resuscitation; site tour with behind-the-scenes insights.
EDF, Heysham * Engineering/nuclear science	Monday 6/7/26	AM+PM	School minibuses	Presentation and classroom activities about the workings of the Power Station including engineering, energy and nuclear science; Safety and Security briefing; Site tour.
Forsberg Service, Engineering, Heysham Precision engineering	Tuesday 7/7/26	AM	School minibuses	Meet the Managing Director and representatives from each team. Presentations about: the first engagement of an enquiry, the design from mechanical and hardware engineering, software engineering, managing the product, managing the project, to building and testing. Find out what the business is doing on the environmental front and how they use AI. After each short presentation, pupils are encouraged to ask each expert questions before they take a tour of the company. Gain insight into the variety of skills, interests, and opportunities that are available in the local area.
Army, Caton Road Military/Sports	Wednesday 8/7/26	AM+PM	Walking	Pupils will visit an Army Reserve Centre to learn how the Army selects, trains and employs its Army Officers. You will receive a presentation on the key elements of the Army Officer Selection Board and what being an Army Officer entails. You will try some hands-on team building activities, based on those used in military training, developing teamwork, leadership, communication, problem solving and decision-making skills.
Leyland Trucks Manufacturing/Engineering/Transport	10/7/26	AM	School Minibuses	One of the UK's leading manufacturing companies, with roots back to 1896. Pupils will be guided round the entire production facility, seeing vehicles being built from start to finish, witnessing many engineering techniques and technologies taught in the classroom and a chance to look round the finished products.

* For those of you considering EDF, please note that the tour is quite rigorous, involving numerous flights of stairs, the use of lifts, and can reach high temperatures at points. If you have a disability or medical condition affecting mobility, or your ability to safely navigate a functioning nuclear power station, we would need to discuss this with you and EDF on a 1-1 basis, so please ensure that you let me know. Organisers of the tour have to be able to confidently evacuate people down over 200 steps in the case of an emergency. They are an operating nuclear power station and health and safety is their overriding priority.

****Please check existing commitments and avoid signing up for something you won't be able to attend**.**

Visits out of school during the two weeks include:

- CCF Summer Camp 28 June-3 July
- German Exchange 28 June-6 July
- RGS Cricket Festival 28 June-3 July
- Silver D of E 2-5 July
- Geography GCSE Field Trip 8 and 10 July
- South Africa Rugby Tour 10 July

Once all pupils have been assigned to one of the visits, more specific information will be sent out.

I hope that the pupils will enjoy their visit and find it useful in developing their understanding of careers.

Should you have any questions about the visits, please don't hesitate to get in touch.

Yours sincerely,

Mrs. Louise Wareing

Careers Coordinator