

## **LRGSBC Michaelmas 1 Newsletter**

A very eventful half term and a great start to the year, despite the many cancelled Saturday sessions. We did get two good Saturdays – one at Agecroft Head at Salford Quays, Manchester, and 18/10/25. It has been excellent to see the Year 9s getting involved in gym sessions and Saturday sessions (when they weren't cancelled!).

Well done also to all those who did “Welcome Back” 2k tests this half term, with the top three for improvement going to Freddy Howard (J16) - 27 seconds, Ewan Killilea (J16) - 24 seconds, and finally Edward Shawcross (J16) - 20 seconds.

Huge congratulations to Tom Birkbeck (J18) and Wilbur Rose (J16) who broke the 7-minute barrier for their 2k tests early in the half term, giving them an excellent start to the year and race season.

Congratulations to J15s Max and Harrison who are leading the capsizing chart after capsizing singles a few weeks ago. They won the first rubber ducks of the year, with hopefully not many more capsizes coming in the winter months!

The LRGsBC bobble hat order will go live on the first day back of half term, so ensure that you are ready to buy these – they are £20 each and designed mostly by Alfie Shawcross. The final design is below. These have a minimum order of 36, so if you want one, make sure you pick one up! To buy the bobble hats please register interest on the form below – this means we can email you all with the link to order one.

<https://forms.office.com/e/8gYrPhu5f6>

Well done to all those that raced at Agecroft and took part in the internal 2x750m time trials – especially to the J15 4x+ (Joe Birkbeck, Ethan Wilson-Fish, Alex Jones and Max Dillon) who won their band at Agecroft and Linus H and Tom B who raced the fastest time and Wilbur Rose who was top of the table after balancing.



## **Dates for Calendar (Next Half Term)**

Tuesday 4<sup>th</sup> – Tuesday 18<sup>th</sup> November – Bobble hat order window

Sunday 9<sup>th</sup> November – Northwich Head

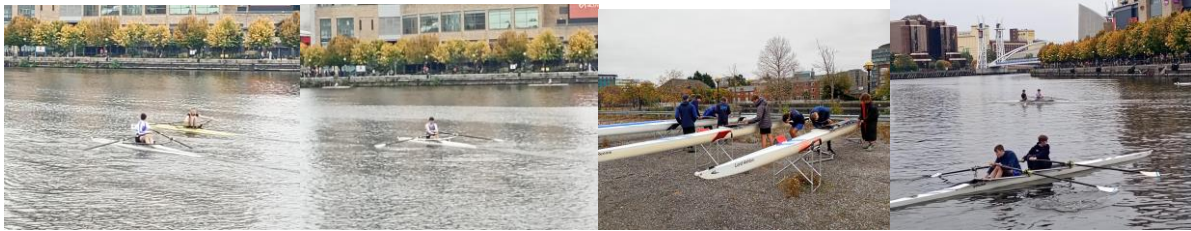
Sunday 16<sup>th</sup> November – Head of Lune

6<sup>th</sup> or 13<sup>th</sup> December – Xmas Pudding Regatta

## Agecroft Head Race Report 2025



This year we had 11 Crews racing at Agecroft on the 11/10/25. Racing in Division 1 were Tom Birkbeck, James Proctor, Edward Potter and Wilbur Rose all in singles. Congratulations to Wilbur who had the fastest time of 13:44.9, beating James who finished with a fast 13:49.3 and Tom who finished with 14:06.2, a good recovery after a near crash on the first corner. Edward Potter finished with a time of 14:46.3, with an excellent sprint finish.



In Division 2 LRGsBC had 3 crews racing – Eddie O / Alfie S (J17) raced a pair, despite not having practised this year, but rowed confidently over the line with a time of 13:26.8. The two doubles Ewan K / Freddy H (J16) and Joe B / Alex J (J15) finished with times of 13:54.6 and 13:58.9 respectively. Credit to Joe Birkbeck who narrowly missed the wall at the final 50 meters but got the steering under control and managed to safely pass over the finish line.

In Division 3, there were 4 crews racing, including the new J18 4+, who were racing as open mens, but only lost by 7 seconds to Trafford Boat Club with a time of 12:52.3. The J17 4x- also did well, losing only to Northwich, who are the best 4x- in the Northwest, with a time of 11:56.5. The J16 4x- finished with 12:18.1 after a crash on the first corner, which set them back massively, but they finished the race strong after getting back up to speed. Congratulations to the J15 4x+ (Joe Birkbeck, Ethan Wilson-Fish, Alex Jones and Max Dillon, coxed by Freddy Howard) who won their band with a blistering time of 13:19.2, 15 seconds ahead of second place.



Winning J15 Quad

## Time Trial Results (2x750)

Well done to **Linus H / Tom B** who were the fastest overall with the Gallagher Brothers and Ned G / Toby S following closely. It was great competition for the top times with 6 crews within 3 seconds of 1<sup>st</sup> place. The big prize, however, goes to **Wilbur Rose** who was top of the table after handicaps.

<u>Name</u>	<u>Boat Class</u>	<u>Time</u>
Linus H / Tom B	J16 2x	5:44
Gallaghers	J18 2-	5:45
Ned G / Toby S	J18 2x	5:46
Alfie S	J17 1x	5:46
Wilbur R	J16 1x	5:47
Tom B	J18 1x	5:47
James P	J17 1x	5:51
Stan P / Charlie A-B	J16 2x	5:51
Joah H / Lucas E	J16 2x	5:55
Ben F / Ben G / Shyaan A / Josh S	J16 4x-	5:57
George C	J17 1x	5:58
Eddie O	J17 1x	5:59
Edward P	J17 1x	6:00
Edward S	J16 1x	6:04
Adam B	J17 1x	6:09
James B	J16 1x	6:13
Oliver / Oscar / James / Alex W	J15 4x-	6:14
Alex J	J15 1x	6:16
Euan W / Josh C	J18 2x	6:20
Joe B	J15 1x	6:22
Ethan W / Leo W	J17 2x	6:22
Ben S	J16 1x	6:24
Holly / Hannah / Annie / Pheobe	WJ18 4x-	6:25
Ethan / Harrison	J15 2x	6:26
Freddy H	J16 1x	6:29
Ewan K	J16 1x	6:36
Blake / Adam	J15 2x	6:59
Hyrum G	J18 1x	7:00
Max D	J15 1x	7:00
Dylan Hay	J15 1x	7:12
Alfie / Mathew / Louis / Lucas / cox Ben	J15 4x+	7:14

Boat Type	Age	Sex	Name	Time
1x	J16	M	Wilbur	0:05:47
1x	J17	M	Alfie S	0:05:47
1x	J18	M	Tom B	0:05:47
1x	J17	M	James P	0:05:51

1x	J17	M	George C	0:05:58
2-	J18	M	Gallaghers	0:05:45
1x	J17	M	Eddie O	0:05:59
1x	J17	M	Edward P	0:06:00

1x	J16	M	Edward S	0:06:04
2x	J16	M	Linus/Tom B	0:05:44
1x	J15	M	Alex Jones	0:06:16
1x	J17	M	Adam B	0:06:09

1x	J16	M	James B	0:06:13
1x	J15	M	Joe Birkbeck	0:06:22
2x	J16	M	Stan/Charlie	0:05:51
2x	J18	M	Ned/Toby	0:05:46
2x	J16	M	Joah/Lucas	0:05:55

1x	J16	M	Ben S	0:06:24
1x	J16	M	Freddy H	0:06:29
1x	J16	M	Ewan K	0:06:36
4x	J18	F	Holly, Annie, Hannah, Phoeb	0:06:25
2x	J15	M	Ethan/Harrison	0:06:26

4x	J16	M	Ben F/Ben G, Shyaan, Josh S	0:05:57
1x	J15	M	Max Dillon	0:07:00
2x	J17	M	Ethan/Leo	0:06:22
2x	J18	M	Ewan/Josh	0:06:20

4x	J15	M	Oliver/Oscar/James/Alex W	0:06:14
1x	J15	M	Dylan Hay	0:07:12
1x	J18	M	Hyrum	0:07:00
2x	J15	M	Blake/Adam	0:06:59
4x+	J15	M	Alfie/Matthew/Louis/Lucas	0:07:14