

Weekly Menu

Breakfast Boarders

Social
Kitchen
co.

	Monday	Tuesday	Wednesday	Thursday	Friday
SIMPLY CEREAL	SIMPLY CEREAL BAR Cornflakes Rice Crispies Coco Pops Choice of Skimmed / Whole Milk	SIMPLY CEREAL BAR Cornflakes Rice Crispies Coco Pops Choice of Skimmed / Whole Milk	SIMPLY CEREAL BAR Cornflakes Rice Crispies Coco Pops Choice of Skimmed / Whole Milk	SIMPLY CEREAL BAR Cornflakes Rice Crispies Coco Pops Choice of Skimmed / Whole Milk	SIMPLY CEREAL BAR Cornflakes Rice Crispies Coco Pops Choice of Skimmed / Whole Milk
TOAST	SIMPLY TOAST BAR White/Wholemeal Toast Crumpets Toasted Multiseed Bagel	SIMPLY TOAST BAR White/Wholemeal Toast Crumpets Toasted Multiseed Bagel	SIMPLY TOAST BAR White/Wholemeal Toast Crumpets Toasted Multiseed Bagel	SIMPLY TOAST BAR White/Wholemeal Toast Crumpets Toasted Multiseed Bagel	SIMPLY TOAST BAR White/Wholemeal Toast Crumpets Toasted Multiseed Bagel
PORRIDGE BAR	PORRIDGE BAR Banoffee Pie Porridge Or Simple Porridge	PORRIDGE BAR Banoffee Pie Porridge Or Simple Porridge	PORRIDGE BAR Banoffee Pie Porridge Or Simple Porridge	PORRIDGE BAR Banoffee Pie Porridge Or Simple Porridge	PORRIDGE BAR Banoffee Pie Porridge Or Simple Porridge
HOT BREAKFAST	COOKED BREAKFAST Choice of Chicken / Pork / Quorn Sausage Baked Beans Hash Brown Plum Tomato Grilled Bacon Black Pudding Poached Egg	SWEETNESS BREAKFAST Sweet Warned Waffles American Pancakes Choices of Toppings	COOKED BREAKFAST Sausage, Egg & Cheese Muffin Bacon, Egg & Cheese Muffin Quorn Sausage, Egg & Cheese Muffin	COOKED BREAKFAST Choice of Chicken / Pork / Quorn Sausage Baked Beans Hash Brown Plum Tomato Grilled Bacon Black Pudding Sauté Mushrooms	COOKED BREAKFAST Choice of Chicken / Pork / Quorn Sausage Baked Beans Hash Brown Plum Tomato Grilled Bacon Black Pudding Fried Egg
DRINKS	Selection of Hot Drinks Water	Selection of Hot Drinks Water	Selection of Hot Drinks Water	Selection of Hot Drinks Water	Selection of Hot Drinks Water

ALLERGIES Please speak to a member of our team if you have an allergy, & need to know what's in our food so we can advise you on your available choices.

Weekly Menu

Week One

Dinner Boarders



	Monday	Tuesday	Wednesday	Thursday	Friday
COSY GRUB CLUB	COSY GRUB CLUB SOUP OF THE DAY Homemade Soup of the Day White / Wholemeal Roll	COSY GRUB CLUB SOUP OF THE DAY Homemade Soup of the Day White / Wholemeal Roll	COSY GRUB CLUB SOUP OF THE DAY Homemade Soup of the Day White / Wholemeal Roll	COSY GRUB CLUB SOUP OF THE DAY Homemade Soup of the Day White / Wholemeal Roll	COSY GRUB CLUB SOUP OF THE DAY Homemade Soup of the Day White / Wholemeal Roll
HOT CONCEPT	COSY GRUB CLUB BEEF & ONION PIE Homemade Beef & Onion Pie Mashed Potato Garden Peas ,Roasted Carrots Classic Gravy	PRANZO PULLED PORK MAC & CHEESE Pulled Pork Mac & Cheese Cheesy Garlic Bread Slices	PIT & PICKLE CHICKEN CARBONARA BURGER Chicken Carbonara Burger Fries Coleslaw	WRAP & ROLL PORK BURRITO Hoi Sin Pulled Pork Burrito Baked Sweet Potato Wedges Prawn Crackers	MEXI.CO LOADED NACHOS Beef & Black Bean Chilli Loaded Nachos
HOT CONCEPT VEGETERIAN	COSY GRUB CLUB VEGGIE LENTIL SHEPHERDS PIE Homemade Veggie Lentil Shepherds Pie Mashed Potato Garden Peas ,Roasted Carrots Classic Gravy	PRANZO CLASSIC MAC & CHEESE Classic Mac & Cheese Roasted Courgette & Aubergines Cheesy Garlic Bread Slices	PIT & PICKLE FALAFEL & SPINACH BURGER Falafel & Spinach Burger Fries Coleslaw	WRAP & ROLL CAULIFLOWER TIKKA BURRITO Tikka Flavoured Cauliflower Burrito Baked Sweet Potato Wedges	MEXI.CO LOADED NACHOS Mixed Bean & Feta Loaded Nachos
HUNGRY GROCER SALADS	THE HUNGRY GROCER SALAD COMPOUND SALADS Butternut Squash, Puy Lentil & Feta House Salad Trio Tomato & Basil Salad Vegan Coleslaw SIMPLY SALAD BAR Sweetcorn, Tomato, Cucumber, Diced Beetroot, Red Onion, Grated Carrot	THE HUNGRY GROCER SALAD COMPOUND SALADS Mexican Rice Salad House Salad Moroccan Carrot & Chickpea Vegan Coleslaw SIMPLY SALAD BAR Sweetcorn, Tomato, Cucumber, Diced Beetroot, Red Onion, Grated Carrot	THE HUNGRY GROCER SALAD COMPOUND SALADS Chargrilled Pepper, Chickpea & Tahihi House Salad Nut Free Pesto, Pea & Feta Vegan Coleslaw SIMPLY SALAD BAR Sweetcorn, Tomato, Cucumber, Diced Beetroot, Red Onion, Grated Carrot	THE HUNGRY GROCER SALAD COMPOUND SALADS Smashed Cucumber House Salad Lemon & Chilli Potato Vegan Coleslaw SIMPLY SALAD BAR Sweetcorn, Tomato, Cucumber, Diced Beetroot, Red Onion, Grated Carrot	SIMPLY SALAD Sweetcorn, Tomato, Cucumber, Diced Beetroot, Red Onion, Grated Carrot

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Weekly Menu

Week One

Dinner
Boarders



	Monday	Tuesday	Wednesday	Thursday	Friday
SIDES	<p><u>COSY GRUB CLUB</u> Garden Peas Roasted Carrots Mashed Potato</p>	<p><u>PRAZNO</u> Simply Salad Bar Cheese Garlic Bread Slices</p>	<p><u>PIT & PICKLE</u> Simply Salad Bar Coleslaw Onion Ring</p>	<p><u>WRAP & ROLL</u> Prawn Crackers Simply Salad Bar Coleslaw Tortilla Chips Boston Beans</p>	<p><u>MEXI.CO</u> Sauteed Courgettes Simply Salad Bar Salt n Chilli Corn</p>
HUMBLE SPUD	<p><u>THE HUMBLE SPUD</u> JACKET POTATO BAR Jacket Potato Cheese or Cottage Cheese or Tuna or Beans Mixed Simply Salad Bar</p>	<p><u>THE HUMBLE SPUD</u> JACKET POTATO BAR Jacket Potato Cheese or Cottage Cheese or Tuna or Beans Mixed Simply Salad Bar</p>	<p><u>THE HUMBLE SPUD</u> JACKET POTATO BAR Jacket Potato Cheese or Cottage Cheese or Tuna or Beans Mixed Simply Salad Bar</p>	<p><u>THE HUMBLE SPUD</u> JACKET POTATO BAR Jacket Potato Cheese or Cottage Cheese or Tuna or Beans Mixed Simply Salad Bar</p>	<p><u>THE HUMBLE SPUD</u> JACKET POTATO BAR Jacket Potato Cheese or Cottage Cheese or Tuna or Beans Mixed Simply Salad Bar</p>
DESSERTS	<p><u>SWEETNESS</u> Chocolate Chip Sponge Cake Custard</p>	<p><u>SWEETNESS</u> Double Chocolate Chip Doughnut</p>	<p><u>SWEETNESS</u> Home Baked Ginger Sponge Cake Custard</p>	<p><u>SWEETNESS</u> Double Chocolate Chip Doughnut</p>	<p><u>SWEETNESS</u> Home Baked Iced Sponge Cake Custard</p>
CHEFS DISH OF THE DAY	See The Board for Todays Special	See The Board for Todays Special	See The Board for Todays Special	See The Board for Todays Special	See The Board for Todays Special

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Weekly Menu

Week One

Weekend Boarders

Social
Kitchen
co.

Saturday

SIMPLY CEREAL BAR

Cornflakes, Rice Crispies , Coco Pops

SIMPLY YOGHURT BAR

Natural Yoghurt

Granola, Peach Slices, Sultanas, Honey, Melon, Pineapple, Mandarin

SIMPLY TOAST BAR

Brown / White Toast – Crumpets – Toasted Seeded Bagel

SIMPLY BREAKFAST SPECIAL

Smashed Avocado & Toppings

Grilled Bacon & Poached Egg, Golden Oyster Mushroom & Poached Egg

SIMPLY ROLL

Quorn Sausage or Bacon Roll

SIMPLY EGGS

Poached – Fried – Scrambled.

PEEL & LOAF PANINIS

Ham & Cheese – BBQ Chicken & Cheese – Roasted Vegetable & Cheese – Cheese & Tomato

PEEL & LOAF SIDES

Onion Rings, Salt n Chilli Chips , Simply Salad Bar, Coleslaw

THE HUMBLE SPUD

Jacket Potato

Cheese or Cottage Cheese or Tuna or Beans -Mixed Simply Salad Bar

HUNGRY GROCER SALAD BAR

Sweetcorn – Tomato – Cucumber – Beetroot – Red Onion – Coleslaw – Carrot – Peppers

COSY GRUB CLUB

Soup of The Day , White / Wholemeal Roll

PRANZO PIZZA – SATURDAY NIGHT TAKEAWAY

Pepperoni – Chicken & Sweetcorn – Meatball – Margherita Pizza

PRANZO PIZZA SIDES

Corn on The Cob – Fries – Onion Rings – Simply Salad – Coleslaw

HUMBLE SPUD

Jacket Potato & Choice of Topping, Cottage Cheese – Cheese – Tuna – Beans – Salad Bar

HUNGRY GROCER SALAD BAR

Sweetcorn – Tomato – Cucumber – Beetroot – Red Onion – Coleslaw – Carrot – Peppers

BRUNCH

SIMPLY CEREAL BAR

Cornflakes, Rice Crispies, Coco Pops

Semi or Whole Milk or Alternative Milk on Request.

SIMPLY YOGHURT BAR

Natural Yoghurt

Granola, Peach Slices, Sultanas, Honey, Melon, Pineapple, Mandarin

SIMPLY TOAST BAR

Brown / White Toast – Crumpets – Toasted Seeded Bagel

SIMPLY BREAKFAST PANINIS

Ham & Cheese or Cheese & Tomato

SIMPLY CLASSIC HOT BREAKFAST

Quorn Sausage – Chicken Sausage – Pork Sausage – Beans – Hash Brown – Plum Tomato – Bacon – Black Pudding

SIMPLY EGGS

Poached – Fried – Scrambled.

SIMPLY

Brunch Classic Fries

DINNER

COSY GRUB CLUB

Soup of The Day, White / Wholemeal Roll

COSY GRUB CLUB – ROAST DINNER

Roast Turkey & Apple Sauce or Quorn Sausages

Roast Potatoes, Yorkshire Pudding, Roasted Carrots, Broccoli, Classic Gravy

COSY GRUB CLUB – SIDES

Yorkshire Pudding, Roast Potatoes, Steamed Broccoli, Roasted Carrots, Gravy

HUMBLE SPUD

Jacket Potato & Choice of Topping, Cottage Cheese – Cheese – Tuna – Beans – Salad Bar

HUNGRY GROCER SALAD BAR

Sweetcorn – Tomato – Cucumber – Beetroot – Red Onion – Coleslaw – Carrot – Peppers

BREAKFAST

LUNCH

DINNER

ALLERGIES Please speak to a member of our team if you have an allergy, & need to know what's in our food so we can advise you on your available choices.

Weekly Menu

Week Two

Boarders Main Dining



	Monday	Tuesday	Wednesday	Thursday	Friday
COSY GRUB CLUB	COSY GRUB CLUB SOUP OF THE DAY Homemade Soup of the Day White / Wholemeal Roll	COSY GRUB CLUB SOUP OF THE DAY Homemade Soup of the Day White / Wholemeal Roll	COSY GRUB CLUB SOUP OF THE DAY Homemade Soup of the Day White / Wholemeal Roll	COSY GRUB CLUB SOUP OF THE DAY Homemade Soup of the Day White / Wholemeal Roll	COSY GRUB CLUB SOUP OF THE DAY Homemade Soup of the Day White / Wholemeal Roll
HOT CONCEPT	COSY GRUB CLUB BANGERS & MASH Cumberland Sausage Mashed Potato Onion Gravy Steamed Broccoli	SITARA CHICKEN MADRAS Chicken Madras Curry Pilau Rice	FLIGHTBIRDS FLAP BREAD Teriyaki Flavoured Chicken Flatbread Choice of Salad & Sauce Corn on The Cob Coleslaw	PRANZO PENNE BOLOGNAISE Penne Pasta Beef Bolognaise Sauce Cheesy Garlic Bread	WRAP & ROLL GAMMON, CHIPS & PINEAPPLE BURRITO Gammon, Chips & Pineapple Burrito Tortilla Chips Coleslaw
HOT CONCEPT VEGETERIAN	COSY GRUB CLUB QUORN BANGERS & MASH Quorn Sausages Mashed Potato Onion Gravy Steamed Broccoli	SITARA CHICKPEA CHANA MASALA Chickpea Chana Masala Curry Pilau Rice	FLIGHTBIRDS FLAP BREAD Vegan Hoi Sin Duck Flatbread Choice of Salad & Sauce Corn on The Cob Coleslaw	PRANZO VEGGIE PENNE BOLOGNAISE Penne Pasta Vegemince Bolognaise Sauce Cheesy Garlic Bread	WRAP & ROLL SWEET N SOUR SPRING ROLL BURRITO Vegetable Spring Roll Burrito Tortilla Chips Coleslaw
HUNGRY GROCER SALADS	THE HUNGRY GROCER SALAD COMPOUND SALADS Butternut Squash, Puy Lentil & Feta House Salad Trio Tomato & Basil Salad Vegan Coleslaw SIMPLY SALAD BAR Sweetcorn, Tomato, Cucumber, Diced Beetroot, Red Onion, Grated Carrot	THE HUNGRY GROCER SALAD COMPOUND SALADS Mexican Rice Salad House Salad Moroccan Carrot & Chickpea Vegan Coleslaw SIMPLY SALAD BAR Sweetcorn, Tomato, Cucumber, Diced Beetroot, Red Onion, Grated Carrot	THE HUNGRY GROCER SALAD COMPOUND SALADS Chargrilled Pepper, Chickpea & Tahini House Salad Nut Free Pesto, Pea & Feta Vegan Coleslaw SIMPLY SALAD BAR Sweetcorn, Tomato, Cucumber, Diced Beetroot, Red Onion, Grated Carrot	THE HUNGRY GROCER SALAD COMPOUND SALADS Smashed Cucumber House Salad Lemon & Chilli Potato Vegan Coleslaw SIMPLY SALAD BAR Sweetcorn, Tomato, Cucumber, Diced Beetroot, Red Onion, Grated Carrot	THE HUNGRY GROCER SALAD COMPOUND SALADS Courgette, Lemon & Mint House Salad Moroccan Cous Cous Vegan Coleslaw SIMPLY SALAD BAR Sweetcorn, Tomato, Cucumber, Diced Beetroot, Red Onion, Grated Carrot

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Weekly Menu

Week Two

Dinner Boarders



	Monday	Tuesday	Wednesday	Thursday	Friday
SIDES	<u>COSY GRUB CLUB</u> Mashed Potato Steamed Broccoli Classic Gravy	<u>SITARA</u> Simply Salad Bar Pilau Rice Bombay Potatoes Onion Bhajis	<u>FLIGHTBIRDS</u> Simply Salad Bar Coleslaw Onion Rings Corn on The Cob	<u>PRANZO</u> Simply Salad Bar Roasted Peppers, Aubergines & Courgettes Cheesy Garlic Bread	<u>WRAP & ROLL</u> Simply Salad Bar Coleslaw Mini Spring Rolls Tortilla Chips
HUMBLE SPUD	<u>THE HUMBLE SPUD</u> JACKET POTATO BAR Jacket Potato Cheese or Cottage Cheese or Tuna or Beans Mixed Simply Salad Bar	<u>THE HUMBLE SPUD</u> JACKET POTATO BAR Jacket Potato Cheese or Cottage Cheese or Tuna or Beans Mixed Simply Salad Bar	<u>THE HUMBLE SPUD</u> JACKET POTATO BAR Jacket Potato Cheese or Cottage Cheese or Tuna or Beans Mixed Simply Salad Bar	<u>THE HUMBLE SPUD</u> JACKET POTATO BAR Jacket Potato Cheese or Cottage Cheese or Tuna or Beans Mixed Simply Salad Bar	<u>THE HUMBLE SPUD</u> JACKET POTATO BAR Jacket Potato Cheese or Cottage Cheese or Tuna or Beans Mixed Simply Salad Bar
DESSERTS	<u>SWEETNESS</u> Home Baked Apple Pie Custard	<u>SWEETNESS</u> Wipe Out Waste Carrot Cake Flapjack	<u>SWEETNESS</u> Marmalade & Ginger Sponge Cake Custard	<u>SWEETNESS</u> Home Baked Blackcurrant & Chia Seed Muffins	<u>SWEETNESS</u> Traditional Rice Pudding Jam Sauce
CHEFS DISH OF THE DAY	See The Board for Todays Special	See The Board for Todays Special	See The Board for Todays Special	See The Board for Todays Special	See The Board for Todays Special

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Weekly Menu

Week Two

Weekend Boarders



Saturday

SIMPLY CEREAL BAR

Cornflakes, Rice Crispies, Coco Pops

SIMPLY YOGHURT BAR

Natural Yoghurt

Granola, Peach Slices, Sultanas, Honey, Melon, Pineapple, Mandarin

SIMPLY TOAST BAR

Brown / White Toast – Crumpets – Toasted Seeded Bagel

SIMPLY BREAKFAST SPECIAL – LOADED BAGELS

Spanish Chorizo, Tomato & Poached Egg or Shakshuka Vegetable & Poached Egg Bagel

SIMPLY ROLL

Quorn Sausage or Bacon Roll

SIMPLY EGGS

Poached – Fried – Scrambled.

PEEL & LOAF PANINIS

Ham & Cheese – BBQ Chicken & Cheese – Pepperoni – Roasted Vegetable & Cheese – Cheese & Tomato

PEEL & LOAF SIDES

Onion Rings, Salt n Chilli Chips, Simply Salad Bar, Coleslaw

THE HUMBLE SPUD

Jacket Potato

Cheese or Cottage Cheese or Tuna or Beans -Mixed Simply Salad Bar

HUNGRY GROCER SALAD BAR

Sweetcorn – Tomato – Cucumber – Beetroot – Red Onion – Coleslaw – Carrot – Peppers

COSY GRUB CLUB

Tuscan Bean Soup, White / Wholemeal Roll

FLIGHTBIRDS – SATURDAY NIGHT FAKEAWAY

Breaded Chicken Tenders or Quorn Nuggets – Fries – Choice of Seasoning.

Chinese Chop Shop, Bombay Club House, Korean Chop Shop, Casa De Frango, Argentinian Steak House, Texas BBQ

FLIGHTBIRDS SIDES

Cheesy Garlic Bread, Fries, Onion Rings, Salt n Chilli Corn, Simply Salad, Coleslaw

HUMBLE SPUD

Jacket Potato & Choice of Topping. Cottage Cheese – Cheese – Tuna – Beans – Salad Bar

HUNGRY GROCER SALAD BAR

Sweetcorn – Tomato – Cucumber – Beetroot – Red Onion – Coleslaw – Carrot – Peppers

BRUNCH

Sunday

SIMPLY CEREAL BAR

Cornflakes, Rice Crispies, Coco Pops

Semi or Whole Milk or Alternative Milk on Request.

SIMPLY YOGHURT BAR

Natural Yoghurt

Granola, Peach Slices, Sultanas, Honey, Melon, Pineapple, Mandarin

SIMPLY TOAST BAR

Brown / White Toast – Crumpets – Toasted Seeded Bagel

SIMPLY BREAKFAST PANINIS

Ham & Cheese or Cheese & Tomato

SIMPLY CLASSIC HOT BREAKFAST

Quorn Sausage – Chicken Sausage – Pork Sausage – Beans – Hash Brown – Plum Tomato – Bacon – Black Pudding

SIMPLY EGGS

Poached – Fried – Scrambled.

SIMPLY

Brunch Classic Fries

COSY GRUB CLUB

Leek & Potato Soup, White / Wholemeal Roll

COSY GRUB CLUB – ROAST DINNER

Roast Chicken & Stuffing or Sweet Potato & Cheese Quiche

Roast Potatoes, Yorkshire Pudding, Roasted Carrots, Garden Peas, Classic Gravy

COSY GRUB CLUB – SIDES

Yorkshire Pudding, Roast Potatoes, Garden Peas, Roasted Carrots, Gravy

HUMBLE SPUD

Jacket Potato & Choice of Topping. Cottage Cheese – Cheese – Tuna – Beans – Salad Bar

HUNGRY GROCER SALAD BAR

Sweetcorn – Tomato – Cucumber – Beetroot – Red Onion – Coleslaw – Carrot – Peppers

DINNER

DINNER

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Weekly Menu

Week Three

Dinner Boarders



	Monday	Tuesday	Wednesday	Thursday	Friday
COSY GRUB CLUB	COSY GRUB CLUB SOUP OF THE DAY Homemade Soup of the Day White / Wholemeal Roll	COSY GRUB CLUB SOUP OF THE DAY Homemade Soup of the Day White / Wholemeal Roll	COSY GRUB CLUB SOUP OF THE DAY Homemade Soup of the Day White / Wholemeal Roll	COSY GRUB CLUB SOUP OF THE DAY Homemade Soup of the Day White / Wholemeal Roll	COSY GRUB CLUB SOUP OF THE DAY Homemade Soup of the Day White / Wholemeal Roll
HOT CONCEPT	PIT & PICKLE LOADED HOT DOG Pork Hot Dog Chilli Jam , Korean BBQ Sauce Crispy Onions Tortilla Chips Coleslaw	SITARA LAMB KEEMA CHAPATI TACO Lamb Keema Chapati Taco Pilau Rice Bombay Potatoes	PEEL & LOAF HOT HONEY CRISPY CHICKEN BAGEL Crispy Hot Honey Chicken, Cheddar & Rocket Bagel Simply Salad Coleslaw	MAMA G'S LAMB, POTATO & COCONUT CURRY Lamb, Potato & Coconut Curry Coconut Rice	KOHYI CRISPY KATSU CHICKEN Crispy Katsu Chicken Sticky Rice Simply Salad
HOT CONCEPT VEGETERIAN	PIT & PICKLE LOADED HOT DOG Quorn Hot Dog Tandoori Ketchup, Mint & Yoghurt Sauce Crispy Onions Tortilla Chips Coleslaw	SITARA CHANA MASALA CHAPATI TACO Chana Masala Chapati Taco Pilau Rice Bombay Potatoes	PEEL & LOAF HONEY GOATS CHEESE, PEPPER & CHUTNEY BAGEL Honey Goats Cheese, Roasted Pepper, Rocket & Tomato Chutney Bagel Simply Salad Coleslaw	MAMA G'S POTATO, ORANGE & COCONUT CURRY Sweet Potato, Orange & Coconut Curry Coconut Rice	KAHYI BEETROOT KORKEE KATSU Beetroot Korokke Katsu Sticky Rice Simply Salad
HUNGRY GROCER SALADS	THE HUNGRY GROCER SALAD COMPOUND SALADS Butternut Squash, Puy Lentil & Feta House Salad Trio Tomato & Basil Salad Vegan Coleslaw SIMPLY SALAD BAR Sweetcorn, Tomato, Cucumber, Diced Beetroot, Red Onion, Grated Carrot	THE HUNGRY GROCER SALAD COMPOUND SALADS Mexican Rice Salad House Salad Moroccan Carrot & Chickpea Vegan Coleslaw SIMPLY SALAD BAR Sweetcorn, Tomato, Cucumber, Diced Beetroot, Red Onion, Grated Carrot	THE HUNGRY GROCER SALAD COMPOUND SALADS Chargrilled Pepper, Chickpea & Tahihi House Salad Nut Free Pesto, Pea & Feta Vegan Coleslaw SIMPLY SALAD BAR Sweetcorn, Tomato, Cucumber, Diced Beetroot, Red Onion, Grated Carrot	THE HUNGRY GROCER SALAD COMPOUND SALADS Smashed Cucumber House Salad Lemon & Chilli Potato Vegan Coleslaw SIMPLY SALAD BAR Sweetcorn, Tomato, Cucumber, Diced Beetroot, Red Onion, Grated Carrot	THE HUNGRY GROCER SALAD COMPOUND SALADS Courgette, Lemon & Mint House Salad Moroccan Cous Cous Vegan Coleslaw SIMPLY SALAD Sweetcorn, Tomato, Cucumber, Diced Beetroot, Red Onion, Grated Carrot

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Weekly Menu

Week Three

Dinner Boarders



	Monday	Tuesday	Wednesday	Thursday	Friday
SIDES	PIT & PICKLE Simply Salad Coleslaw Boston Beans Tortilla Chips	SITARA Simply Salad Bar Pilau Rice Bombay Potatoes Vegetable Samosa	PEEL & LOAF Simply Salad Bar Coleslaw Onion Ring Tortilla Chips	MAMA G'S Simply Salad Bar Coleslaw Coconut Rice Roasted Spice Squash	KOHYI Simply Salad Bar Katsu Sauce Sticky Rice Steamed Broccoli
HUMBLE SPUD	THE HUMBLE SPUD JACKET POTATO BAR Jacket Potato Cheese or Cottage Cheese or Tuna or Beans Mixed Simply Salad Bar	THE HUMBLE SPUD JACKET POTATO BAR Jacket Potato Cheese or Cottage Cheese or Tuna or Beans Mixed Simply Salad Bar	THE HUMBLE SPUD JACKET POTATO BAR Jacket Potato Cheese or Cottage Cheese or Tuna or Beans Mixed Simply Salad Bar	THE HUMBLE SPUD JACKET POTATO BAR Jacket Potato Cheese or Cottage Cheese or Tuna or Beans Mixed Simply Salad Bar	THE HUMBLE SPUD JACKET POTATO BAR Jacket Potato Cheese or Cottage Cheese or Tuna or Beans Mixed Simply Salad Bar
DESSERTS	SWEETNESS Home Baked Parkin Cake Hot Custard Sauce	SWEETNESS Salted Caramel Brownie	SWEETNESS Wipe Out Waste Peely Good Cake Made From Vegetable Peels Hot Custard Sauce	SWEETNESS Home Baked Cherry & Coconut Flapjack	SWEETNESS Wipe Out Waste Banana Cake Hot Custard Sauce
CHEFS DISH OF THE DAY	See The Board for Todays Special	See The Board for Todays Special	See The Board for Todays Special	See The Board for Todays Special	See The Board for Todays Special

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Weekly Menu

Week Three

Weekend Boarders



Saturday

BREAKFAST

SIMPLY CEREAL BAR

Cornflakes, Rice Crispies , Coco Pops

SIMPLY YOGHURT BAR

Natural Yoghurt

Granola, Peach Slices, Sultanas, Honey, Melon, Pineapple, Mandarin

SIMPLY TOAST BAR

Brown / White Toast – Crumpets – Toasted Seeded Bagel

SIMPLY BREAKFAST SPECIAL

Smashed Avocado & Toppings

Grilled Bacon & Poached Egg, Golden Oyster Mushroom & Poached Egg

SIMPLY ROLL

Quorn Sausage or Bacon Roll

SIMPLY EGGS

Poached – Fried – Scrambled.

LUNCH

PEEL & LOAF PANINIS

Ham & Cheese – BBQ Chicken & Cheese – Pepperoni – Roasted Vegetable & Cheese – Cheese & Tomato

PEEL & LOAF SIDES

Onion Rings, Salt n Chilli Chips , Simply Salad Bar, Coleslaw

THE HUMBLE SPUD

Jacket Potato

Cheese or Cottage Cheese or Tuna or Beans -Mixed Simply Salad Bar

HUNGRY GROCER SALAD BAR

Sweetcorn – Tomato – Cucumber – Beetroot – Red Onion – Coleslaw – Carrot – Peppers

DINNER

COSY GRUB CLUB

Wipe Out Waste Carrot Peel & Coriander Stalk Soup, White / Wholemeal Roll

SITARA – SATURDAY NIGHT TAKEAWAY

Chicken Jalfrezi or Chicken Korma or Vegetable Jalfrezi

Pilau Rice

SITARA SIDES

Pilau Rice, Bombay Potatoes, Onion Bhajis

HUMBLE SPUD

Jacket Potato & Choice of Topping. Cottage Cheese – Cheese – Tuna – Beans – Salad Bar

HUNGRY GROCER SALAD BAR

Sweetcorn – Tomato – Cucumber – Beetroot – Red Onion – Coleslaw – Carrot – Peppers

BRUNCH

SIMPLY CEREAL BAR

Cornflakes, Rice Crispies, Coco Pops
Semi or Whole Milk or Alternative Milk on Request.

SIMPLY YOGHURT BAR

Natural Yoghurt

Granola, Peach Slices, Sultanas, Honey, Melon, Pineapple, Mandarin

SIMPLY TOAST BAR

Brown / White Toast – Crumpets – Toasted Seeded Bagel

SIMPLY BREAKFAST PANINIS

Ham & Cheese or Cheese & Tomato

SIMPLY CLASSIC HOT BREAKFAST

Quorn Sausage – Chicken Sausage – Pork Sausage – Beans – Hash Brown – Plum Tomato – Bacon – Black Pudding

SIMPLY EGGS

Poached – Fried – Scrambled.

SIMPLY

Brunch Classic Fries

DINNER

COSY GRUB CLUB

Leek & Potato Soup, White / Wholemeal Roll

COSY GRUB CLUB – ROAST DINNER

Honey Roasted Gammon or Spinach & Tomato Tart

Roast Potatoes, Yorkshire Pudding, Roasted Carrots, Steamed Broccoli, Classic Gravy

COSY GRUB CLUB – SIDES

Yorkshire Pudding, Roast Potatoes, Steamed Broccoli, Roasted Carrots, Gravy

HUMBLE SPUD

Jacket Potato & Choice of Topping. Cottage Cheese – Cheese – Tuna – Beans – Salad Bar

HUNGRY GROCER SALAD BAR

Sweetcorn – Tomato – Cucumber – Beetroot – Red Onion – Coleslaw – Carrot – Peppers

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