

**LANCASTER ROYAL GRAMMAR SCHOOL**

**POLICY STATEMENT**

<b>Number</b> <b>10</b>	<b>Date Approved by Board of Governors</b> <b>December 2016</b>
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**SEX AND RELATIONSHIP EDUCATION POLICY**

Sex and relationships education is lifelong learning about physical, moral and emotional development. It is also about the teaching of sex, sexuality and sexual health. It should also encourage the acquisition of skills and attitudes which allow pupils to manage their relationships in a responsible and healthy manner.

Sex and relationships education has three main elements: developing considered and appropriate attitudes and values; learning and developing personal and social skills; gaining knowledge and understanding of physical and sexual development, human sexuality and pregnancy and contraception.

**AIMS**

To ensure that pupils acquire factual knowledge and understanding about the physical, mental and emotional aspects of their development and how these interrelate.

- To help pupils cope with the stresses of adolescence.
- To ensure that pupils consider the moral aspects of sexual issues.
- To give pupils appropriate resources to help them to make informed decisions in the areas of sex and relationships
- Provide knowledge about loving relationships

**Sex and Relationship Education Guidance**

Sex and relationship education is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of loving and caring relationships. It is about the teaching of sex, sexuality and sexual health.

Research demonstrates that good, comprehensive sex and relationship education does not make young people more likely to become sexually active at a younger age.

In addition SRE will promote self esteem and emotional health and well being and help them form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, school, work and in the community.

**The delivery of the policy.**

In the lower school (Years 7-9) sex and relationship education is delivered through the Values programme. In Years 10 and 11 it is delivered through PHSE/Projects lessons. They are taught by staff who are provided with training and appropriate

resources. We also invite a number of outside agencies to run sessions such as NHS and Brook (sexual health and wellbeing charity).

We provide resources for sixth form tutors to run SRE (sex/relationship education) debates within the CAVE programme including consent and sexually transmitted infections.

We also use child sexual exploitation resources through CEOP (Child Exploitation and Online Protection) and Safenet. We sign post student towards extra sources of information and support if necessary.

### **Sex and relationship Education and Parents**

The prime responsibility for bringing up children rests with parents. Staff at LRGS recognise that parents are the key figures in helping their children cope with the emotional and physical aspects of growing up and in preparing them for the challenges and responsibilities which sexual maturity brings. The work done in school must be seen as complimentary and supportive to the role of parents.

Parents have the right to withdraw their son from any or all of the sex education apart from that included in the Science Curriculum which cover the biological aspects of human growth and reproduction. A request to withdraw a pupil from sex education need not give a reason and can be in writing to the Headmaster or verbal. If it is a verbal request the school will confirm the request in writing. Alternative arrangements will be made for such students.

### **Confidentiality**

A teacher running a sex education class is not in a position to promise that all information that might emerge is confidential. The determining factor here is the nature of the priorities as determined by the schools' Safeguarding Policy.

### **Access to Sex and relationship Education**

All pupils including those with special educational needs have equal right to access to sex education.

### **Monitoring and Review**

The delivery of sex and relationship education will be reviewed by the member of staff co-ordinating all aspects of the extended curriculum on an annual basis. The Governing Body will review this policy every 3 years.