



Dear Parents and Carers,

Friday 31st March 2023

It has been a memorable term – and a memorable ending, certainly for Mr Rafferty and his **Lenten Charity hair cut!** Well done to all our pupils for all they have contributed and achieved, both in and out of the classroom through the term. A particular well done and thank you to our fabulous **boarders** in every house and year group!



All in a good cause!

Best wishes to **Upper Sixth** and **Year 11** students preparing for exams this summer, and to their families. Plan the work and work the plan. The key to success is making sustained progress through careful revision programmes for every subject – revisiting each topic, testing and recalling information, and working through practice questions.

School trips – medication for pupils

We have tightened and improved our procedures around medication on school trips. As part of this, it is now essential that pupils **arrive for school trips with any medication detailed on their consent form.** This may be as simple – and as crucial – as bringing an asthma inhaler. If it is included on the consent form and then not provided the pupil may not be able to go on the trip even if they do not normally need the medication.



Pupil achievements

Well done to Sixth Form girls who played in our first ever **girls' rugby** fixture against Stockport Grammar – a great achievement and a milestone for LRGS! Congratulations also to our **Netball** first team who have gained promotion after an unbeaten season in the Lancaster Ladies League.

Congratulations to Gold Medallists in the **British Biology Olympiad** (left).

Thank you to the Choir, Big Band, Strings Group and other solos, duos and ensembles for fabulous performances in their **charity concert** last week.

Set Run history

Well done to all our pupils who completed the Set Run this week (*Year 8 top ten pictured*), and huge thanks to all their Charity sponsors too.

The "Sets" were originally the Houses of the school, and the Set Run dates back over a century. Our history records: *"The Lent Term, 1912, will be noted for the revival of the Cross country run between the four Sets. Runners started from the Park Gates and were accompanied by a fair-sized gathering of cyclists."* No bicycles this year but there were lots of excellent performances and plenty of cheerful effort!



Outdoor and adventure

Well done to Lower Sixth students and thank you to staff on **Gold Duke of Edinburgh** expeditions in the Lake District this week – in very mixed weather! Very best wishes to **fifty CCF cadets** as they head for Easter Camp in Snowdonia.

With best wishes for the Easter holiday ~ Dr C.J. Pyle

 @LRGSLancaster



Tug of war



Inaugural fixture for LRGS girls' rugby



Classics – British Museum