

# LANCASTER ROYAL GRAMMAR SCHOOL

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J P Hallsworth BA MA Deputy Head: Pastoral Care



March 2023

Dear Parents/Carers,

## Ramadan 2023

Ramadan is expected to begin in the evening of Wednesday, 22<sup>nd</sup> March and is expected to end in the evening of Friday, 21<sup>st</sup> April. The staff at LRGS are aware of the importance of this time for Muslim pupils and we have allocated areas for Muslim pupils to use during this time.

## Prayer Rooms/Areas for Muslim Pupils

The Chaplaincy is designated as available for Muslim pupils to use to pray at lunchtimes, or to use as a quiet space during Ramadan. The Library is also designated as a quiet zone for pupils to use at lunchtime.

## Year 11 and Upper Sixth Pupils

We understand that fasting and staying up late for prayers may affect concentration and academic performance. Pupils who are in the lead up to external examinations (GCSEs and A-levels) will want to make their own decisions regarding any allowances for pupils to break a fast, and make it up later, if they feel fasting may jeopardise their performance. There are many websites offering advice as to how to achieve during this period whilst fasting for Ramadan which pupils may find useful.

If you have not already done so, I am writing to ask you to let the school know if your son or daughter will be fasting during Ramadan so that we are aware and able to offer appropriate support as necessary. Please complete [this form](#) to let us know.

Yours faithfully,

Mr James Hallsworth  
Deputy Head: Pastoral Care