

LANCASTER ROYAL GRAMMAR SCHOOL

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Dr A Shawcross Yr 7 Residential Coordinator

3rd April 2019

Dear Parent/Guardian,

Pooley Bridge residential

Further to my letter of January of this year (attached below for reference), please find below some further information about the trip.

Medical/Consent form

Attached to this letter is the medical/consent form for the trip. Please could these be returned to Mrs Pearson in Lee House by **Wednesday 1st May**.

E-mail is the easiest way of doing this (trying to photocopy the paper mache copy from the bottom of a lad's bag can be a nightmare!), lpearson@lrqs.org.uk

If your son has any particular dietary requirements, please indicate these on the form so we can make appropriate arrangements.

Information evening

A representative from Epic Outdoors and I will be giving a short presentation about the trip and taking any questions at 7pm in the school library on **Wednesday 1st May**. There will also be time to speak to one of us afterwards should you have any particular concerns or issues regarding your son. If you are not able to attend it is not a problem, but please feel free to mail me any questions and I will also be sending out an e-mail with all the questions asked and the answers given.

Eid

If you are celebrating Eid and this clashes with when your son would be away, please could you let me know asap, so that hopefully we can find arrangements that work.

Wisepay

Thanks to the many of you who have completed payments on Wisepay already, please could any further payments be made by **Wednesday 1st May**.

Regards,

Alistair Shawcross

January letter...

Year 7 Outdoor Residential Course, Pooley Bridge

LRGS has a strong tradition of outdoor education and, with our enviable location, we provide activities for a wide range of age groups within the school. Many pupils gain their first true outdoor experience during our Year 7 residential course. Forms spend 2 nights as a group away from home and school in order to develop team work, leadership and self reliance but, above all, to enjoy themselves in an outdoor environment. The emphasis is on fun in an adventurous, yet secure, outdoor setting.

Those of you who have had older boys through the school will recall that for many years the residential was based around a hostel at the foot of Helvellyn, just outside the village of Glenridding. The trip was known to boys simply as “Glenridding”. With, amongst other things, the addition of an extra year 7 form, last year the format and location are changed, but the boys still enjoyed a high quality few days away with their forms.

Provider:

The residential will be run by Epic Outdoors (<https://www.epicoutdoors.co.uk>), an AALA licensed activity provider.

Accommodation:

We will be staying in a tented village based at Park Foot Camping and Caravan site. There are tents for group activities and eating with bell tents for sleeping, equipped with camp beds and sleeping bags. Shower and toilet facilities are in one of the campsite's buildings.

Catering:

With the exception of a packed lunch that the boys need to bring with them for the first day, all other meals will be provided by Epic adventures. If your son has any particular dietary requirements please indicate this on the attached form so they can be catered for.

Activities:

Boys will be split into teams and take part in the following activities: a hill walk; rock climbing; raft building and lake traverse. Evening activities will consist of activities such as team building games, campfires and some time for reflection.

Staffing:

The activities will be run by Epic instructors holding the appropriate governing body awards. **All activities will be subject to constant review and ongoing risk assessment depending on prevailing weather, forecasts and group ability.** There will also be school staff accompanying the boys for the duration of the trip.

Equipment:

No specialist equipment is required – this will be provided by Epic Outdoors.

Transport:

We travel up to Pooley Bridge by coach (via Penrith to ease any difficulties with travel sickness). Transport to activity sites which may be a short distance from the campsite will be using Epic Outdoors minibuses.

Cost:

The course is not optional and is consequently subsidised by the school. However, activities of this nature could not be organised without a contribution from parents. The contribution this year is £185. If any family feels that they cannot contribute this amount due to financial constraints, then a lower contribution can be arranged. **LRGS is committed to ensuring that this course is accessible to ALL pupils regardless of financial background and funding is available to provide full financial assistance, if required.** My contact details are at the bottom of the letter if you need to get in touch regarding this.

Payment should be made through the school's online payment service, 'Wisepay', which can be accessed through the school website or at the following web address: www.lrgs.org.uk/login, either as a one off payment on 1st May, or as a series of monthly payments from 1st February.

Dates:

The forms will be going on the following dates:

Monday 3 rd – Wednesday 5 th June	- 7B & 7L
Thursday 6 th – Saturday 8 th June	- 7T & 7G
Monday 10 th – Wednesday 12 th June	- 7R & 7S

Information Evening:

There will be a parents' information meeting at the beginning of the summer term (date to follow) at which a representative of Epic Outdoors and I hope to deal with most questions you may have.

After this meeting I will mail out with the answers to questions asked, so if you're unable to attend you'll have these, as well as emergency contact information, kit list, coach timings and medical/consent form.

If there is anything which you need to ask in the meantime, please get in touch with me.

