

LRGS Alumni Newsletter

December 2020

A warm welcome to you from LRGS.

The longest term has ended and as you will see from this newsletter and our social media pages, our staff and pupils have recently been enjoying Christmas themed activities, from the Year 7 and 8 Reindeer Run to the decorating of Sixth Form form room doors. Well done to everyone who has taken part and enjoyed some festive cheer.



On behalf of us all at LRGS, we wish you a peaceful Christmas time.

As always, we love to hear from our LRGS community so get in touch with [your news](#), be sure to update us of any [change of details](#) or feel free to visit us if you are in the area!

With best wishes,

The Development Team

LRGS Updates

Sixth Form Virtual Open Evening

The Sixth Form Virtual Open Evening is online now.

[Please click here to watch it.](#)

Thank you to everyone who helped to make this possible.



Lenten Charities

Pupils raised £7,450 for their chosen Lenten Charities this year. This is a great achievement considering most of the usual fundraising activities have not been able to take place.

The school has a Charities Committee made up of pupils who are involved in selecting which charities are chosen. Earlier this year all pupils were invited to vote on which charities were

supported. Benefiting from the total raised this year are:

Local Charities: Team Reece and St John's Hospice

National Charities: Nishkam SWAT and Cancer Research UK

International Charities: Money for Madagascar and Movember

Thank you to all parents, pupils, staff and the wider school community for taking part and donating to these amazing causes.

Pupils have nominated and voted for their Lenten charities for 2021 and will be supporting the following throughout the year:

Local: [St John's Hospice](#) and [Parkinson's UK Lancaster Support Group](#)

National: [British Heart Foundation](#) and [Dementia UK](#)

International: [Money for Madagascar](#) and [Save the Children UK](#)

60km in 48 hours

Huge congratulations to Sports Graduate Assistant Mr Garrod on completing his Move for Movember challenge. Mr Garrod completed the daunting challenge of running 60kms in 48 hours in a time of 41 hours and 51 minutes, raising a fantastic £1245 for the Movember charity. PE teacher, Mr Hall, joined Mr Garrod for a 15km stretch of the challenge along Blackpool seafront.

Mr Garrod says "In February, I went to the Movember awards in London representing Fylde RFC Movember team due to the fundraising we did for the charity, it was an incredible evening seeing and hearing about some of the great things people are doing around the world to help fight prostate cancer, testicular cancer and men's suicide. Some of the stories were incredibly moving which has motivated me to support the charity again this year.



This year with only one week left of Movember I decided to "Move For Movember" aiming to run 60 kilometres over 48 hours. This distance is in tribute to the 60 men we lose to suicide every hour across the world."

Thank you to everyone who supported and / or donated to Movember due to Mr Garrod's challenge.



Carol service

Many thanks to our Head of Music, Emma Lamb, for kindly putting together the [LRGS Carol Service 2020](#). This playlist has the videos in order, one by one, so that you can perhaps skip around, pick and choose what you want to listen to and when.

If you prefer to enjoy the service in it's entirety, you can watch the [complete Carol Service](#) as one file.

Christmas activities

Thank you to the Friends of LRGS and Sixth Form for organising Christmas trees for the Y7 and Sixth Form areas, the trees have been decorated by a team of prefects and look fantastic!

Sixth Form have also been busy creating friezes for their form room doors using a theme of Christmas carols or songs, prizes will be given for the best ones.

The whole school supported Save The Children's Christmas jumper day on 11th December, a huge thank you to everybody who supported this event.

Years 7 and 8 took part in the Reindeer Run, organised by Mr Mason this week. The boys completed the set run sporting reindeer antlers whilst raising money for our Lenten charities.

These are just a few of the seasonal activities that have taken place during the last couple of weeks, thank you to all members of staff and the Sixth Form for bringing Christmas cheer into the classrooms.



Alumni News



Phyllis Hayes

We were saddened to learn that Phyllis Hayes passed away on Saturday 28th November. Phyllis worked in Lee House from 1975 - 2005 and I'm sure will have been a familiar face for many of you. Our thoughts are with Phyllis' family and friends at this sad time.

Jean Wangermann

We were saddened to learn that Jean Wangermann passed away on 3rd December. Jean was a well-loved former colleague and a member of the Classics Department for many years.

Our thoughts are with Jean's daughter Ruth and all of her family and friends at this sad time.

Alumni Updates and Achievements

Movember Art Sale

Congratulations to OL Charlie Robb (06-13) who raised an amazing £1090 in his recent art sale for Movember. Charlie made and sold over 60 works, that have been shipped across the UK and internationally to US, Sweden, Germany and Australia.

The money raised will aid research into prostate and testicular cancer and support the resources in place to help prevent male suicide.

Many thanks to everyone who purchased a piece of art and supported Charlie's campaign.

To see more of Charlie's art work, please visit his [website](#).



Dip in December

Alive and Kicking is an award-winning charity that delivers vital health education in sub-Saharan Africa.

This December, they're encouraging supporters to 'Take a Dip' in an outdoor body of water to raise funds and awareness for their mental health and emotional wellbeing education programmes in Kenya, Zambia and Ghana. OL Joel Phillimore (01-08) is planning to take the plunge on 19th December in Morecambe Bay and would love for you to sponsor him; or even better, join him!

To sponsor Joel, please visit:

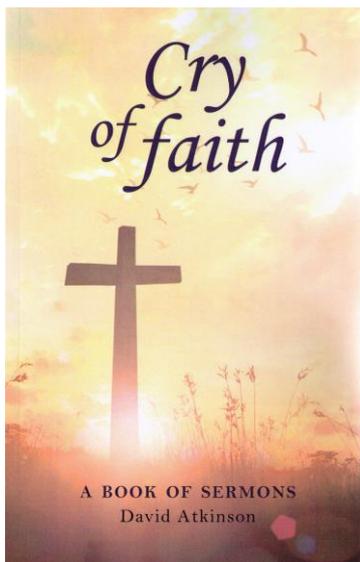
<https://www.justgiving.com/campaign/akdecemberdip> and leave a message saying: 'Go on Lad!'

To join him, send an email to: joel.phillimore@aliveandkicking.org and leave a message saying: 'I'm in Lad!'



Film Award nomination

We would also like to say huge congratulations to Joel for his nomination for Best Lead Actor at the 2020 Lonely Wolf International Film Festival for his role in Lost and Spaced. 'Lost and Spaced' has also picked up 5 other nominations. Congratulations to all involved!



Cry of faith

OL Reverend David Atkinson (60-67) has recently published a book called, "Cry of Faith. A Book of Sermons". It contains 33 sermons covering a wide variety of subjects and biblical passages. Some sermons tackle difficult questions such as why does an all powerful and all loving God allow some terrible suffering? The sermons were written between 1980 and 2020. All proceeds from the sale of this book will go to St John's Hospice, Lancaster. The book costs just £8:00 and can be purchased directly from David by calling 01524 572702 or e mailing him davidatkinson437@gmail.com

Alumni survey

In November we undertook a survey of alumni as part of our Feasibility Study. This was to gain an independent review and recommendations about the school's plans for our 550th anniversary, and of the fundraising ability of school and its partners. Thank you to all alumni who took part in the study. Your feedback has been extremely helpful in developing our plans. You can see a summary of the findings [here](#).



OL Club Annual Newsletter

Work has begun to compile the next edition of the OL Club annual newsletter and we would love as many of you as possible to feature in it.

Please get in touch and let us know your news - births, marriages, careers, adventures - anything and everything, we would love you to share your stories with us. Please e mail your news to the [Development team](#) by 31st January 2021.

Upcoming Alumni Events

Unfortunately due to the ongoing situation, the OL Committee have taken the tough decision to postpone the OL Club Cambridge dinner which had been scheduled for the beginning of March 2021. The next Cambridge dinner will take place in **March 2022**, further details will be available nearer the time.

Please continue to check our website and social media pages to keep up with the latest news.



Happy Christmas

Finally, we would like to wish you all a Happy Christmas and very best wishes for the new year.

Thank you to all those who have supported school throughout, what has undoubtedly been, a difficult but productive year. Your generosity, flexibility and help, both within school

and across the alumni community, has been invaluable.

[Update Your Details](#)

[How You Can Help LRGS](#)

We thank you for your ongoing support of the school.



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