

# Roll Presentation technique

When a player hits the deck they need to make it as hard as possible for the defending player/s to get their hands on the ball. The easiest legal technique to teach players is the ROLL PRESENTATION. This form of presentation allows a player to steal a few extra yards as well as make the poaching job a difficult one.

## KEY POINTS:

1. Create forward momentum, this comes from a solid hit at the contact point and leg drive, this will allow the attacking player to create the momentum needed if brought to ground to continue moving forward.
2. As the player hits the deck the ball must be kept close to the chest to decrease the risk of the ball being spilled, players should be coached to stay compact and strong.
3. Try to present the ball in the "I" formation as this will put the ball further away from the prospective poacher who is already backpedaling from the roll.
4. Quick support for the ball carrier to assist in the clean or to clear the ball. If the support is slow the player is wide open to be attacked and the ball will be stolen, that is why it is vital that the ball carrier stay on their feet for as long as possible and keep pumping the legs.