

Inside Centre

- Key decision maker and communicator, especially on defence and when on attack from broken play.
- Ability to read situations and use appropriate tactics.
- Ability to commit defence with good lines, two handed ball carriage and accurate timely passes under pressure, to create “space” for support players.
- Ability to “Stay up in tackle” essential.
- Distribution skills, as for 13, with ability to execute all types of passes.
- Explosive speed and power to pressure defence line.
- Punting option for clearance.
- Ability with range of kick options to get ball in behind opposition. (grubber, chip, wipers, long punt)
- High work rate, key support role at tackle.
- Very strong “front on” tackler.
- Aggressive tackler to create turnover opportunities, back to feet and Egg pick.
- Communicator and organizer of defence of midfield.
- Axle for much of our backline attack and defence.

SPECIALIST SKILLS

- CHIP/GRUBBER/KNUDGE KICK for SELF or OTHERS
- ALTERNATE FOOT KICK FROM 10
- VARIETY OF PASSES
- STRONG TACKLER ON EITHER SHOULDER

MENTAL SKILLS

- COMMUNICATION
- QUICK to ACT and REACT
- HARD MIND TO STOP ATTACKERS
- WORK RATE/BACK UP and SPEED TO REFORM

